

Girls Circle:
A program for students entering Grade 9 or 10

Are you interested in connecting with other girls to talk about expression, healthy relationships and managing stress? Girls Circle comes together in a safe and structured group to talk about these common experiences.

Topics will include giving voice to feelings, healthy relationships and stress management and healthy coping strategies.

If interested, please email studentwellness@scdsb.on.ca or call 705-734-6363 ext. 11987 and provide your name and contact information to learn more.