



Play Ball Kidz Recreation Program

The Play Ball Kidz program is a 9-week, multi-component recreation intervention designed to improve the gross motor skills and social skills of children ages 5 to 12 diagnosed with a Level 1 or Level 2 Autism Spectrum Disorder (ASD).

Play Ball Kidz captivates children with its hands-on learning environment and opportunities to practice and learn new skills each week. Each session provides scaffolding, land marking and cooperative games designed to help children learn new gross motor and social skills in a fun environment.

Parents and schools are an integral part of the group program and receive resources and support to help young athletes develop and practice new skills at home and at school.

Topics of Instruction:

- Talking and playing with others
- Joining in conversations and activities with others
- How to cope with making mistakes, changes in routine and feelings of uncertainty
- How to handle new situations and learning to ask for help
- Solving social problems
- How to recognize simple and complex emotions in themselves and others
- How to express feelings in appropriate ways
- How to cope with feelings of anger and anxiety

What are the participation requirements?

- Child must have a diagnosis of Autism Spectrum Disorder (Level 1 or Level 2)
- Child must have verbal communication skills and an IQ within a normal range (or above)
- Child must be able to participate in a group setting without additional support beyond that provided within the program
- Child is able to attend weekly sessions for a 9-week period
- Caregiver must be able to attend one parent information session (date to be confirmed)
- Demonstrates emerging social skills (interest in engaging with peers, attempts to verbally communicate, manages emotions in a non-aggressive way) and an interest in building relationships with same-aged peers
- Children must be between the ages of 5 to 12

When will the Play Ball Kidz Program run?

- Child groups will take place from:
 - Wednesdays, Jan. 15 to March 11, 2020
 - Thursdays, Jan. 16 to April 2, 2020 (no session Jan. 23, Feb. 20 or March 19, 2020)

Where will the Play Ball Kidz Recreation Program take place?

Wednesdays from 4 – 5 p.m.
Assikinack Public School
Barrie, Ontario

Thursdays from 4 – 5 p.m.
Lake Simcoe Public School
Innisfil, Ontario

What is the cost of the Play Ball Kidz Recreation Program?

The program will be fully subsidized by Simcoe County District School Board.

Who will be facilitating the Play Ball Kidz Recreation Program?

- Shawn Delaire, Level 1 Coach
- Simcoe County District School Board Staff

How do I register for the Play Ball Kidz Recreation Program?

Please complete and initial application at by Friday, January 3, 2020 at 4 p.m.

Please use the Mozilla Firefox web browser.

<https://forms.office.com/Pages/ResponsePage.aspx?id=ZH49V0PV2E-z2gxkrcTrNbQ5ud4OCcFIlxYMZwWig75UQzUyN0Q2UTdPTDVBQTZHUK44VUwzMTVCOS4u>

If needed, you will be contacted for an initial telephone interview to assess the appropriateness of the program for your child.

Please note that only children who meet the participation requirements will be eligible for the program.

If the program is not suitable for your child, we will attempt to provide a referral.

If you have any questions, please contact:

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