



Virtual Play Ball Kidz Recreation Program

The Play Ball Kidz program is an eight-week, multi-component recreation intervention designed to improve the gross motor skills and social skills of children diagnosed with Autism Spectrum Disorder (ASD).

Play Ball Kidz captivates children with its hands-on learning environment and opportunities to practice and learn new skills each week. Each session provides scaffolding, land marking and cooperative games designed to help children learn new gross motor and social skills in a fun environment.

Parents/guardians are an integral part of the group program and receive support to help young athletes develop and practice new skills at home and at school.

Topics of instruction:

- Talking and playing with others
- Joining in conversations and activities with others
- How to cope with making mistakes, changes in routine and feelings of uncertainty
- How to handle new situations and learning to ask for help
- Solving social problems
- How to recognize simple and complex emotions in themselves and others
- How to express feelings in appropriate ways
- How to cope with feelings of anger and anxiety

What are the participation requirements?

- Child must have a diagnosis of Autism Spectrum Disorder
- Child must be able to participate in a virtual group setting without additional support beyond that provided within the program
- Child is able to attend weekly virtual sessions for an eight-week period
- Caregiver must be able to attend one virtual parent/guardian information session (date to be confirmed)
- Demonstrates emerging social skills (interest in engaging with peers, attempts to verbally communicate, manages emotions in a non-aggressive way) and an interest in building relationships with same-aged peers

When will the Play Ball Kidz Program run?

Tuesdays, Jan. 12 – March 2, 2021

- Session One – 4:15 to 5 p.m.

Wednesdays, Jan. 13 – March 3, 2021

- Session Two – 4:15 to 5 p.m.
- Session Three – 5:15 to 6 p.m.

Where will the Play Ball Kidz Recreation Program take place?

Virtually

Meeting invitations will be sent to families each week.

What is the cost of the Play Ball Kidz Recreation Program?

The program will be fully subsidized by the Simcoe County District School Board (SCDSB).

Who will be facilitating the Play Ball Kidz Recreation Program?

- Shawn Delaire, Level 1 Coach
- SCDSB staff

How do I register for the Play Ball Kidz Recreation Program?

Please complete and initial application by Dec. 11, 2020 at 4 p.m. by following the link below, using the Mozilla Firefox web browser.

<https://forms.gle/YffwDhg7riysQWR8A>

If needed, you will be contacted for an initial telephone interview to assess the appropriateness of the program for your child.

If you have any questions, please contact:

Crystal Gronc
ASD After School Social Skills Program Coordinator
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